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| Personal and Contact Information | |
| First Name: Afsaneh |  |
| Last Name: Beiranvand |  |
| Gender : Female |  |
| Nationality: Iranian |  |
| City: Khorramabad |  |
| Country: Iran |  |
| E-mail a\_beiranvand2006@yahoo.com |  |
| Telephone: 986633120140 |  |

Link: <http://isid.research.ac.ir/Afsaneh_Beiranvand>

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| Last Update*:* | |
| 2/2/2023 | |
| Education | |
| Specialty/PhD( Field of Study, Name of University, Year Graduated) Ph.D in cognitive neurosciences, [Institute for Cognitive Science Studies](http://www.iricss.org/en)  , 2016 | |
| Thesis (Topic, Supervisor, Advisor) Involvement of medial prefrontal cortex alpha-2 adrenoceptors on memory acquisition deficit induced by arachidonylcyclopropylamide, a cannabinoid CB1 receptor agonist, in rats, Dr mohammadreza zarrindast, Dr mohammad nasehi | |
| * Master of Science (Field of Study, Name of University, Year Graduated) mental health nursing. University of social welfare and rehabilitation sciences.Tehran. 2006 | |
| Thesis (Topic, Supervisor, Advisor) The effect of Music on post operative hip fracture delirium in older women .Dr masoud fallahi ,Dr Hasan ashayeri. 2006 | |
| * Bachelor of science (Field of Study, Name of University, Year Graduated) B.Sc in Nursing, Lorestan University of Medical Sciences,2001 | |
| * Related degree (Field of Study, Name of University, Year Graduated) | |
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| Honors, Awards, and Scholarships (if available)  -Top student of B.Sc degree in nursing in lorestan university of medical sciences in 1998  - Nominated lecturer of nursing and midwifery faculty in Lorestan University of Medical Sciences, Khoramabad, IRAN, 2017 | |
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**Experiences**

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| 1.Scientific position  Assistant professor, Department of Nursing, Lorestan University of Medical Sciences, Khorramabad, IRAN |
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| 2.Clinical Experiences |
| The clinical nurse of Shohada Hospital in Khorramabad from 2001 to 2006 |
| 3.Teaching Experiences |
| B.Sc  Psychiatric disorders  Neurological disorders  Psychology and Mental Health  General Psychology  Fundamentals of Psychology  Psychology of Human Relations  Life Skills  Psychiatric Emergencies  Psychiatry in midwifery  Mental Health Nursing 1  Psychiatric disorders Nursing  Behavioral Emergencies  MSc    psychiatric Emergencies.  Nervous system diseases.  Functional physical diseases of the elderly.  Geriatric nursing (2).  Sociology and Psychology of Disasters and Crisis. |
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| Grants |

 Comparison of tympanic temperature in depressed, manic, schizophrenic patients and healthy individuals**.**

* Comparative study of memory scores in subjects with temporal and non temporal lobe epilepsy.
* Comparison of Axillary and Tempanic temperature and its relation with GCS in comatus patients with head injury(co-worker).
* The effect of evening primrose oil in the treatment of depression(co-worker)
* The effect of an educational method (case reporte)on creating critical thinking in nursing students(supervisor)
* Depression in elderly with cardiovascular disorders(Presenter)
* The relationship between emotional intelligence and tendency to addiction in students of Lorestan University of Medical Sciences.
* The relationship between job satisfaction and burnout with emotional intelligence among nurses of educational hospitals of Khorramabad.
* Effect of basilicum hydroalcoholic extract on cognitive function and sleep quality in patients with COPD.
* Investigating the effect of coteaching on nursing students' perception of the educational environment
* Relationship between metacognitive beliefs and clinical decision making in nursing students

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| Supervisor |
| 1-Effect of EFT on sleep quality and mental health of geriatrics  2-Effect of rosemary ointment on pain and physical function in geriatrics with osteoarthritis  3-The relationship between lifestyle and cognitive performance of the elderly in Khorramabad city  4- -Investigating the relationship between health literacy, medication beliefs, and illness perception among the elderly in Khorramabad city |

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| Advisor | | | | | |
| -Effects of geranium aroma on anxiety among patients with acute myocardial infarction: A triple-blind randomized clinical trial - The effect of geranium Aroma on job stress and sleep quality of nurses working in intensive care units  - The effect of storytelling on Development and social adjustment of children with chronic disease at the age of 4-10 years  - The relationship between nurses' personality traits and attitudes toward elderly patients with clinical decision making of nurses working in hospitals in Khorramabad in 1401  - The relationship between mindfulness with resilience and clinical self-efficacy among Lorestan hospitals nurses  -Comparison of virtual and in person training on the burden of care and coping strategies of Caregivers of elderly cancer patients  - The Predictors of Self-Neglect Among Older Adults Living In Khorramabad  - Investigating the relationship between anxiety and severity of COVID-19 symptoms with post-traumatic growth in those recovering from the disease | | | | | |
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| Publication | | |  | | |
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| Book  1-Self-care in patients with cardiovascular diseases. Salemi publication. 2017  2- Neuropsychological assessment in cognitive impairments. publication of culture and psychology development.2019 | | | | | |
| Articles | | | | | |
| 1. 1.Articles (In English) 2. Beiranvand A , Nasehi M, Zarrindast MR ,Moghaddasi M. Involvement of medial prefrontal cortex alpha-2 adrenoceptors on memory acquisition deficit induced by arachidonylcyclopropylamide ,a cannabinoid CB1 receptor agonist, in rats; possible involvement of Ca2+ channels. Journal of Psychopharmacology.2016 ; 30: 945–954 3. [Shirzadegan R](https://www.ncbi.nlm.nih.gov/pubmed/?term=Shirzadegan%20R%5BAuthor%5D&cauthor=true&cauthor_uid=29122262), [Gholami M](https://www.ncbi.nlm.nih.gov/pubmed/?term=Gholami%20M%5BAuthor%5D&cauthor=true&cauthor_uid=29122262), [Hasanvand S](https://www.ncbi.nlm.nih.gov/pubmed/?term=Hasanvand%20S%5BAuthor%5D&cauthor=true&cauthor_uid=29122262), [Birjandi M](https://www.ncbi.nlm.nih.gov/pubmed/?term=Birjandi%20M%5BAuthor%5D&cauthor=true&cauthor_uid=29122262), [Beiranvand A](https://www.ncbi.nlm.nih.gov/pubmed/?term=Beiranvand%20A%5BAuthor%5D&cauthor=true&cauthor_uid=29122262). Effects of geranium aroma on anxiety among patients with acute myocardial infarction: A triple-blind randomized clinical trial. [Complement Ther Clin Pract.](https://www.ncbi.nlm.nih.gov/pubmed/29122262) 2017;29:201-206 4. Shirzadegan R, Zarea K, Nourolahi H, Saberipour B , Mahmoodi N , Beiranvand A \* , Al Khamis A , Hemmatipour A.Early Anticipation of Dementia; A Step Towards Promoting Community Health: Review of Current Evidence. Jundishapur Journal of Chronic Disease Care: July 2018, [7 (3](http://jjchronic.com/en/issue/2050.html)) 5. MohsenSepahvand,MohammadGholami∗,RezaHosseinabadi,AfsanehBeiranvand The Use of a Nurse-Initiated Pain Protocol in the Emergency Department for Patients with Musculoskeletal Injury: A Pre-Post Intervention Study . Pain Manag Nurs. 2019 2(18). 6. Shirzadegan R, Gholami M, Hasanvand S, Birjandi M, Beiranvand A. The effects of Citrus aurantium aroma on anxiety and fatigue in patients with Acute Myocardial Infarction: A Two-center, randomized, controlled trial. Journal of Herbal Medicine . Available online 23 December 2019. 7. Maryam Zarringhadam, Shirin Hasanvand, Mehdi Birjandi .Afsaneh Beiranvand# .Associations between cognitive function and lifestyle in community-living older people: a correlational study. BMC Research Notes. Volume 17, article number 101, (2024). 8. Nasrin Karimi , Shirin Hasanvand , Afsaneh Beiranvand , Mohammad Gholami ,   Mehdi Birjandi . The effect of Aromatherapy with Pelargonium graveolens (P. graveolens) on the fatigue and sleep quality of critical care nurses during the Covid-19 pandemic: A randomized controlled trial. EXPLORE. Volume, January–February 2024, Pages 82-88   1. Beiranvand, Shourangiz; Beiranvand, Afsaneh; Foladvandi, Masoumeh; Hasanvand, Shirin .Mokhayeri, Yaser; Vatankhah, Mehdi;. The effect of co-teaching on academic engagement and test anxiety of nursing students of Lorestan University of Medical Sciences. Future of Medical Education Journal (FMEJ). Volume 13, Issue 2   June 2023.Pages 35-41   1. Asadi E, Gholami M, Shirzadegan R, Mokhayeri Y, Beiranvand Afsaneh#. Comparing the Effects of Rosemary Ointment and Ginger Ointment on Pain and Physical Performance of Elderly People With Knee Osteoarthritis: A Randomized Controlled Clinical Trial . Salmand: Iranian Journal of Ageing. Volume 19, Issue 1 (Spring 2024 , 19(1): 70-83 | | | | | |
| 2.Articles (In Persian)  1- Comparative study on delirium in elderly patients admitted in orthopedics and general surgery. Afsaneh Beiranvand, Masoud Falahi, Hasan Ashayeri, and Mehdi Rahgozar .Journal of geriatric Nursing 2014,1(1).  2- The Effect of Music on Delirium After Hip surgery in Elder women, Afsaneh Beiranvand, Masoud Falahi, Hasan Ashayeri, and Mehdi Rahgozar. Yafteh Journal .2007;9(2).  3- The Relationship between Emotional Intelligence and Addiction tendency in Students of Lorestan University of Medical Sciences. Atefe Bahrami, Afsane Beiranvand \*, Sudabeh Zare, Masoumeh Arnavaz. Yafteh Journal.2018 ;19(4) .  4- Investigating the relationship between smartphone addiction and mental health. Principles of Mental Health. ().1397.  5- Investigating the relationship of emotional intelligence with job satisfaction and burnout in nurses.  [Pooya Seyedi](https://jfmh.mums.ac.ir/?_action=article&au=219425&_au=Pooya++Seyedi&lang=en) [Afsane Beiranvand](https://jfmh.mums.ac.ir/?_action=article&au=40754&_au=Afsane++Beiranvand&lang=en)  [Hamidreza Fereidouni](https://jfmh.mums.ac.ir/?_action=article&au=237540&_au=Hamidreza++Fereidouni&lang=en)  [Mohammad Qolami](https://jfmh.mums.ac.ir/?_action=article&au=4350&_au=Mohammad++Qolami&lang=en). Journal of fundamentals of Mental Health(2021).23(2) | | | | | |
| Abstract | | | | | |
| 1.International: | | | | | |
| 2.National  -The role of the power gradient in reducing medical errors. Congress of Medical Errors. Khorramabad .2016  -- The role of chamomile in reducing the symptoms of withdrawal syndrome. Medicinal plants Conference .Khorramabad 2010.  - Seizure Alert System in Children. Children's Neurology congress. Mashhad. 2008.  - The role of omega-3 in improving children with ADHD Children's Neurology congress. Mashhad. 2008.  Treatment of resistant depression through deep brain stimulation in the subcallosal singulate gyrus area. Elderly and geriatric medicine meeting. Isfahan, 2008.    - Memory impairement in Temporal Lobe Epilepsy. Epilepsy Congress, Shahid Beheshti University of Medical Sciences,Tehran. 2007.  - The Effect of music on Delirium after Hip surgery in the Elderly .Geriatric congress. Kashan 2008  -Medicinal herbs effective in improving cancer. National Student Congress on Traditional Medicine and Cancer. Khorrarmabad, 2017  -The Relationship between Mental Health and Marital Satisfaction of Married Women. National Congress of community empowerment in the field of counseling, family and Islamic education .2017    - The Relationship between Self-esteem and Depression in Female Students. National Congress on Community Empowerment in the domain of Counseling, Family, and Islamic Education.2017    - The role of Pilates exercises in the improvement and control of psychiatric disorders. Pilates national meeting. Khorramabad .2018    - Early anticipation of dementia. Non-active defense meeting . Khorramabad .2018.  - The effect of aromaterapy on depression of hemodialysis patients. Conference on Health Promotion Strategies and Challenges Focusing on Depression.Mazandaran2018  - An overview of the effects of mistletoe herb on depression, survival and quality of life of cancer patients: A systematic review. conference on health promotion sterategies and challenges focusing on depression. Mazandaran .2017.  - Vascular Depression and Its Effective Factors in the Elderly. News of Health Sciences at Shahid Beheshti University. Tehran .2017. | | | | | |
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| Reviewer of national and international scientific journal  1. Co-operation in review of the articles of the yafte journal at Lorestan University of Medical Sciences.  2. Co-operation in review of the articles of Aflak Journal of Khorramabad Nursing and Midwifery Faculty  3. Co-operation in review of the articles of Nursing Research in Rehabilitation Journal  4- Co-operation in review of the articles of hayat journal | | | | | |
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| Editorial Board of Medical Journals | | | | | |
| Workshop | | | | | |
| |  |  |  | | --- | --- | --- | | Workshops | Place | Date | | Nursing report  SPSS  Use computers and manage files  Word processors  Power point  Research method  Statistics and SPSS  Writing proposal  Writing article  Curriculum design  Life Skills  Addiction abstinence  Traditional Medicine  Introduction to the End Note software  Educational planning and planning lesson plans  Statistics and SPSS  Communication and consulting skills  SPSS  Ziafat Andisheh Asatid  Non-operational defense  Workshop on patient communication  Stress management Workshop  Introduction to Navid System (Specialized Learning Software)  The faculty promotion process | Khorramabad  "  "  "  "  "  "  "  Tehran  "  Khorramabad  "  "  "  "  "  "  "  "  "  "  "  "  " | December 2005  December 2005  December 2005  October 2006  July 2008  May 2005  October 2005  February 2007  2007  June 2008  February 2007  February 2008  February 2008  March 2008  March 2008  March 2008  May 2009  July 2009  July 2009  November 2009  December 1388  2015  May 2018  March 2019 | | | | | | |
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| Interest | | | | | |
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| -Management of pain in elders - Dementia  -Neurobiology of addiction  -ageing  -Neurobiology of psychiatric disorders  -Complementary Medicine in Psychiatry | | | | | |
| Language Proficiency | | | | | |
|  | **Speaking** | **Reading** | | **Writing** | **Listening** |
| Language |  |  | |  |  |
| Degree of Proficiency |  |  | |  |  |